

Allergy information available on request

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Main				
Margherita Pizza (v)	Cottage Pie	Roast of the Day with Roast Potatoes and Gravy	Crispy Beef Noodles	Fish and Chips
Vegetarian				
Broccoli and Cheese Bake with Rice (v)	Shepherdess Pie (v)	Quorn Fillet with Roast Potatoes and Gravy (v)	Crispy Tempeh Noodles (v)	Veggie Nuggets and Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli				
Deli Option with Tuna Mayo, Egg Mayo or Cheese				
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Iced Carrot Cake	Flapjack	Vegan Autumn Cake	Jelly Crunch Pot	Fruit Mousse
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

30th Oct, 20th Nov, 11th Dec, 1st Jan, 22nd Jan, 12th Feb, 4th Mar, 25th Mar



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MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

Main				
Macaroni Cheese (v)	Chicken Sausage and Mashed Potatoes	Roast of the Day with Roast Potatoes and Gravy	Chicken Curry with Rice	Fish and Chips
Vegetarian				
Mild Chickpea Coconut Curry with Rice (v)	Vegan Sausage and Mashed Potatoes (v)	Roasted Vegetable Tart with Roast Potatoes and Gravy (v)	Vegetable and Mozzarella Traybake with Rice (v)	Cheese Toastie and Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli				
Deli Option with Tuna Mayo, Egg Mayo or Cheese				
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Vegan Sweet Potato and Ginger Cake	Fruit Shortbread	Berry Crumble Traybake	Vegan Chocolate Brownie	Fruit Jelly
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt

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6th Nov, 27th Nov, 18th Dec, 8th Jan, 29th Jan, 19th Feb, 11th Mar



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13th Nov, 4th Dec, 25th Dec, 15th Jan, 5th Feb, 26th Feb, 18th Mar

MONDAY

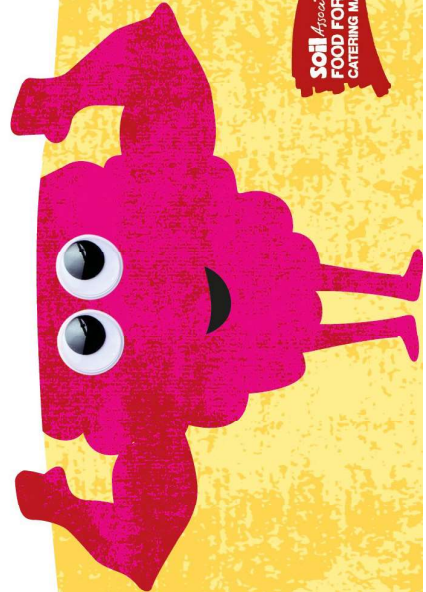
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main				
Roasted Tomato and Pesto Pasta (v)	Meat Feast Pizza	Roast of the Day with Roast Potatoes and Gravy	Bolognese with Pasta	Fish and Chips
Vegetarian				
Vegetarian Sausage and Bean Hotpot (v)	Veggie Pizza (v)	Mediterranean Gnocchi Bake (v)	Mushroom and Spinach Enchilada (v)	Cheese and Tomato Pinwheel with Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Deli				
Deli Option with Tuna Mayo, Egg Mayo or Cheese				
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Sticky Orange Cake	Oat Fruit Slice	Baked Rice Pudding with Fruit Compote	Cinnamon Fruit Pudding	Chocolate Pots
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt



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